

Construction is almost complete on the new community center!

The idea of the community center actually began with suggestions from participants who expressed that they often did not have anywhere to go during the day. A survey of our participants was conducted which indicated their enthusiasm for a community center and identified the services they would most like to be offered. Construction began in September of last year and is expected to conclude in October. The new center is adjacent to the Magazine Commons apartments and will offer recreation and activity groups, essential skill-building, therapeutic and educational services including employment training, cooking and nutrition classes, fitness classes, music and art therapy, substance abuse education, recovery groups and literacy instruction. The Community Center will allow MHA to provide the structure, guidance, support and resources necessary to assist these individuals in reaching their full potential.

With increased skills, community integration, and facilitated opportunities for creative expression and stress reduction, we anticipate that those attending the center will improve their stability, confidence and self-esteem. We believe that this community center will be a catalyst for personal growth and recovery for many of the individuals we serve. Participants will have the opportunity to learn skills that will empower them to pursue their personal goals. Through hands-on learning opportunities and space for social connections the community center will impact participants across many domains, including health and wellness, stress and symptom reduction, literacy, technology, employment, creative expression and interpersonal skills.

We greatly appreciate the generosity of the donors who made this possible.

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