

THE RESOURCE CENTER: Member-Driven ABI Services



New Way

For persons with an ABI (acquired brain injury),
MUSIC THERAPY HAS LED TO IMPROVEMENT
in speech production and sensory perceptions, aided in
movement rehabilitation, reduced levels of anxiety,
depression, and agitation, and helped to improve mood.*

*Brain Injury 7/2005; Music Therapy 1998, 35(4); New York Academy of Science 7/2009



Music engages a host of cognitive processes such as information processing, sensory motor integration, learning, memory, decision making, emotion, and creativity. Even simply listening to music is thought to be a potential tool in the control of pain. At the **Resource Center**, members look forward to weekly visits from a board-certified **Music Therapist**.

When cognitive, physical or mental health challenges impact a life, the Resource Center offers support and guidance for life's
New Way forward.

Get in touch!

egracewski@mhainc.org • 413-734-5376
153 Magazine Street, Springfield, MA

“A member of the Resource Center has difficulty carrying on a back and forth conversation, but when a song comes on that she likes, she can sing every word. Applying music-based therapy to speech rehabilitation can show promising results.”

Learn More at: mhainc.org/programs/the-resource-center/