

THE RESOURCE CENTER: Member-Driven ABI Services



New Way

Because of the **multiple body systems affected by a brain injury and the strong likelihood of secondary impairments**, a Physical Therapist must be proficient in a wide variety of examination procedures and intervention techniques.*

*Payal Desai, LPT NDTC, Physical Therapy for Brain Injury, Brainline.org



For individuals whose ABI impacts their ability to move and get around, **Physical Therapy** can help improve movement, fine motor skills and dexterity, enhance mobility, and reduce pain, with outcomes on an individual basis. At the **Resource Center**, members can schedule appointments with a licensed **Doctor of Physical Therapy** who is onsite weekly.

When cognitive, physical or mental health challenges impact a life, the Resource Center offers support and guidance for life's **New Way forward.**

Get in touch!

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“In my mind it comes down to this: everyone deserves the right to move freely. My role as a Physical Therapist is to assess patients, look at how well they move and use my skills to help them move better.”

April Rex, Doctor of Physical Therapy

Learn More at: mhainc.org/programs/the-resource-center/