

In all we do, MHA is guided by three core values:



Respect:

Our aim is to create an atmosphere where dignity and equality are commonplace and where all individuals can reach their maximum potential to feel their best.

Integrity:

Bestlife provides flexible, responsive, high quality clinical services that are person-driven and reflect ethnic, cultural, linguistic and individual diversity.

Compassion:

Bestlife engages people to pursue their personal vision and meaningfully partner in a way that is sensitive and specific to their individual needs.

These new programs offer adults in Hampden County with substance use disorders and/or co-occurring substance use and mental health diagnoses access to a continuum of housing and support options, including a dedicated full-time support worker.

MHA program staff incorporate trauma screening in all assessments. Individual service plans are developed to address relapse risk reduction and other concerns, including plans for long-term stability and a sustainable support network.

To learn more or to make a referral:

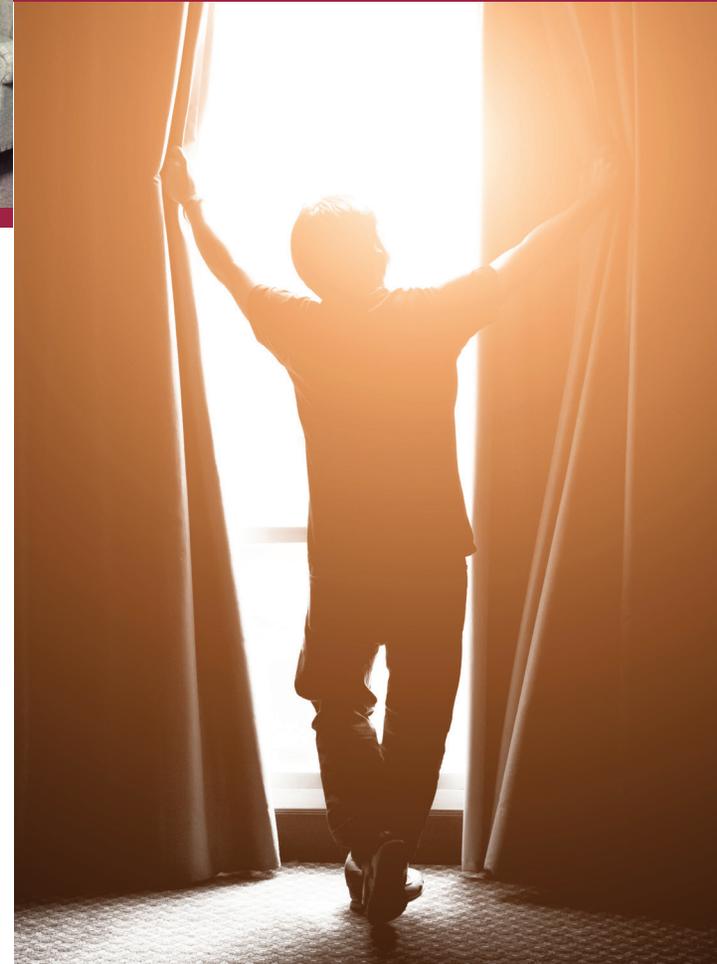
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WWW.MHAINC.ORG/GOODPLACE



STAY IN A GOOD PLACE.



**Keep Your Recovery On Track
With MHA's Transitional &
Permanent Housing Program**



STAY IN A GOOD PLACE

Keep Your Recovery On Track With MHA's Transitional & Permanent Housing Program

Transitional Housing:

This program offers up to **24 months of stable housing**, as well as case management support to help adult men transition to permanent housing. Housing is located in Springfield in an 8-bedroom, ADA-compliant, 2-story, modernized, wood-framed home. Each resident has their own private bedroom and shares community and kitchen spaces with other residents.

Each bedroom is subsidized by the U.S. Department of Housing and Urban Development (HUD) which means **tenants are required to pay just 30% of their income toward rent.**

For each individual in the program, a service plan is developed to assist with stabilization and transition such as daily life skills for independence when residents are ready to transition to permanent housing.

Referrals for the transitional housing program come from a number of different sources. These include other BSAS funded programs, as well as community providers of residential treatment services or homeless supports. Self-referrals are welcome.

Permanent Housing:

As residents transition out of Transitional Housing, or are already housed in the community, needs are assessed to consider such factors as access to community providers, understanding of environmental risk factors, financial stability and transportation needs.

Supportive Case Management services are provided to ensure the tenant's income is sufficient to sustain their housing—and to assist with connecting individuals with all available resources. Services are provided on an outreach basis to individuals who are living in the community and are focused on housing stability and sustained recovery.

Adults over the age of 18 years old who are in early recovery from substance use disorder and their families are eligible for this program and there are no out-of-pocket costs to enroll.

Referrals for the permanent housing program come from a number of different sources, including housing providers, recovery programs and hospitals. Self-referrals are welcome.

At MHA, we understand that access to safe and affordable housing plays a critical role in recovery. Without it, sustaining a pathway to recovery can be more than challenging. A Good Place, a program of MHA, provides access to a continuum of housing support options for adults 18 years and older with a substance use and mental health diagnosis. A Good Place is funded through the Bureau of Substance Addiction Services and there is no cost to enroll. Working together with individuals in our program, MHA can help adults in recovery get to—and stay in—**A Good Place!**



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